

Father Muller Road, Kankanady, Mangalore - 575 002, India

Friends,

Christmas brings a gift of Peace,

No words can quite impart.

Christmas brings a gift of love

That bless every heart.

Christmas brings a gift of Hope

To lighten all the way.

May all these perfect gifts be yours,

This Christmas Day

And all the new year through.

MERRY CHRISTMAS 2007 AND A HAPPY NEW YEAR 2008



Rev. Fr. Felix Monteiro Spiritual Direction



Rev. Fr. Denis D'Sa Administrator, FMMC



Rev. Fr. Frank Rodrigues Spiritual Direction



Rev. Fr. William Menezes Administrator, FMCI



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Rev. Fr. Stany Tauro Administrator, FMHMCH



Rev. Fr Patrick Rodrigues
Director, FMCI

director's m e s s a



Christmas Greetings

There is a beautiful Christmas story about an African boy named Emmanuel. He was always asking questions. One day he asked his teacher, "What language does God speak?" His teacher scratched his head and said, "I really don't know."

So Emmanuel asked the learned people of his village, but they didn't know either.

Now he became really curious. He said to himself, "I must find the answer to this question." He left home, traveled around his country and asked the learned people of other villages. "What language does God speak?" But they merely shook their heads.

Emmanuel was convinced that someone knew. So he began to travel to other countries. But the answer was always the same.

One night, exhausted by his travels, Emmanuel came to a village called Bethlehem. He tried to get a room in one of the inns, but the rooms were all filled up. decided to look for a cave outside the village.

In the early hours of the morning, he finally found one. When he stepped inside the cave, however, he saw it was occupied by a couple and a child. When the young mother saw him she said, "Welcome, Emmanuel, we've been expecting you."

The boy was stunned, how did the woman know his name? He was even more amazed when she said:



"For a long time you have been searching the world over to discover what language God speaks. Now your journey is over. Tonight you see with your own eyes what language God speaks. He speaks the language of love."

"God so loved the world that He gave His only Son to the world."

Emmanuel's heart overflowed. He fell on his knees before the child and wept for joy. Now he knew what language God speaks. God speaks the language of love. God speaks the one language that every person of every nation of every period of history can understand.

And so Emmanuel stayed a few days, helping Mary and Joseph. Then it came time to leave. It came time to tell everybody the good news about what language God speaks. God speaks the language of love.

As Emmanuel walked along by himself, he began to think: "If I'm to tell everybody about what language God speaks,



I'm going to have to speak the language of love myself. Because that's the only language everybody in the world understands."

And so from that day on, Emmanuel began to speak the language that God speaks. He began to speak the language of love.

It was then that Emmanuel made a beautiful discovery. When you speak to people in the language of love, they begin to speak it back to you. They suddenly discover how much better it is. And once they make this discovery, they never go back to their old language.

And so, as Emmanuel made his way back home, one could follow his path, because he left behind him a trail of towns and villages where people began to speak the language of love. Later on, when somebody told Emmanuel what had happened in the towns and villages he had passed through, he made a second great discovery.

He discovered that this is what God had in mind when he gave the world his only Son. He wanted to teach the world to speak one language: the language of love. God knew that once people began to speak it, they would never go back to their old language again.

God knew something else. He knew that once people began to speak the language of love, wonderful things would begin to happen everywhere. Nations would learn to live in peace, races would begin to treat one another with dignity, families would live together in harmony. Everywhere, people would clasp hand in friendship.

This is what incarnation is. This is what the birth of Son of God is. This is what this Christmas is. This is also the realization of what language God speaks, and learning to speak that language. We have been doing it all these days. We are remembering not only our dear ones but also many others. We have been sending greetings to assure that they are remembered. We have been giving gifts to others to share our joy. Many a times these are not our relatives, or friends or dear ones. We are speaking the language of love. We need that today more than ever. We have to be a beam of light in the midst of darkness, a ray of hope in the midst of despair. Being patient and forgiving, letting go of the hurts others have caused and being rich in gratitude is the way of love.

To the extent that we heed the invitation of Christmas to speak the language of love, to that extent will the world receive the gift of Christmas: peace on earth and goodwill towards all.

I take this opportunity to wish a Joyful Christmas and a Bright and a Prosperous New Year to everyone in the campus, to every member of Father Muller family, to the parents and guardians of our students, to all the wellwishers of these Institutions and to every person of goodwill.



editorial



I am delighted to place this Christmas Bulletin, in your hands as Christmas is round the corner.

God became man to make men gods (St. Augustine)

Soon we will be celebrating with joy the birth of the Christ – Child, the Prince of Peace. The power of love that intervened in history at Christmas time was not a display of a devastating fury of strength, but a vulnerable, nevertheless persistent and uncompromising cry of a Child against evil. This is the Christmas perspective of Peace.

The true meaning of Christmas is about God loving us; it is about God giving the most amazing gift of love in the person of His Son; it is about God giving us the opportunity of reconciling our hearts to that of His Son. God's gift to us at Christmas is a transformation that leads to unselfish love of all our sisters and brothers. Let this love and peace flow from us: to our family members, our patients and others in our work-place and especially in this family of Father Muller which upholds the motto of Heal and Comfort. Let this motto be fulfilled in love, joy and commitment to our responsibility.

I am grateful to the management and the editorial team for the assistance given in accomplishing my task as editor of this bulletin. I wish and pray that love, peace and joy of Christmas prevail in the hearts of all during this Holy season and throughout the New Year 2008, making this world a better place to live in.

Have you not heard His silent steps, He comes, He comes, He ever comes ... recognize Him.



Sr Jacintha D' Souza Editor





CHRISTMAS IN MANGALORE

"Hark the herald angels sing, Glory to the new-born king." Peace on earth, and mercy mild, God and sinners reconciled! - Charles Wesley, English writer (1708-1788)

The spirit of Christmas and its celebration is a global phenomenon and transcends nationalities, religions and cultures. Its celebration may have local flavour but the spirit behind it is universal. The basic story of Nativity, the birth of Jesus in the manger in Bethlehem, is well known to bear detailing.

For the people of Mangalore, Christmas is the penultimate high point of celebrations which start with harvest festivals, Ayudha Pooja, Deepavali, Eid and conclude with New Year. Shops are lit, cribs mushroom in churches and homes, goodies are prepared and exchanged. Merry Christmas is wished with handshakes, kisses and hugs and children have Santa Claus all over to shower them with gifts and entertain them with his antics. The best wine and cheer pervade homes and collective celebrations.

Christmas is a time for gifting and sharing. The tradition of gifting goes back to the three kings, who went to Bethlehem to pay their respects to the new born King of Peace with gifts of gold, frankincense and myrrh. Traditionally, the core of gifting was, special Christmas Mangalorean ethnic eatables (Kuswar) prepared with ritualistic zeal in large quantities, mainly for presenting to close relatives, neighbours and friends. The favour is duly returned. Those visiting during the season for greeting personally are offered trays loaded with Christmas goodies and wine or stronger spirits, depending on the hour of the day.

But the scene is changing. Even the Christmas goodies, once the pride of homes, now come attractively packaged from dozens of ethnic shops that do roaring business during the Christmas season.

Traditionally, Christmas was a season of family gettogethers. Family members working in Bombay and the Gulf made a beeline for Mangalore on the eve of Christmas. Today, they also come from Canada, the United States, Australia and New Zealand. To take advantage of their presence, weddings are fixed for this season. After weddings, can anniversaries be far behind? Thus, Christmas season is marked by unending celebrations – and hangovers. There are other changes. Personal visits are on the decline. There was a time when telephones were rare and regarded as status symbols. Today, when one can greet on telephone and mobile, by SMS and via the Internet, why drive and be caught in a traffic jam or get booked for drunken driving? This also applies to Christmas cards, once ritualistically sent as per a long list. Today, one can send cards through the Internet. Families took pride in hanging cards received on strings tied across their verandas or drawing rooms. There may be a fade out on this.

Some things still remain -- carols by church choirs, visiting homes after dusk and serenading impromptu audiences. There is joy, hope and peace all around.

At the family level, two things mark Christmas celebration. Some families own plantations in Coorg, Hassan and Chikamagalur. While the men manage the affairs staying in the plantation, their families live in Mangalore, especially for the education of the children. These planters descend from the ghats to celebrate Christmas with their families. Secondly, with people setting up their own houses, the joint family collective lunch or dinner are fading memories.

Hospitals are generally sombre places with worry and concern writ large on the faces of patients and those who mind them. But, the general ambience at Fr. Muller campuses at Kankanady and Deralakatte is one of cheerfulness. While students will have a chance to spend their Christmas holidays with their near and dear ones, those remaining back will radiate their inherent cheer in greater measure to those most in need and contribute to the overall joy on the campuses. Cheers to that!

Let's dance and sing and make good cheer, For Christmas comes but once a year. George Alex Macfarren, English dramatist (1813-1887).

John B. Monteiro





FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL

Fr. Muller Homoeopathic Medical College has completed 22 years of its successful and meaningful services in the field of Homoeopathic Education and Practice. So far 757 students of BHMS and 58 M.D.(Hom) students have passed out from this college. A total of 75 students in BHMS and 12 in M.D. (Hom) courses were admitted in the academic year 2007-08. At present the total strength of students stand to 450. The college conducts regular programme of BHMS (5 ½ yrs) with intake capacity of 75 students and P.G courses (3 yrs) in seven subjects. This is the first college in the state of Karnataka to conduct regular P.G Programme in seven disciplines.

Faculty News

Conferences attended/Paper presentations

Dr. S.K.Tiwari

Resource person on Workshop in Repertory for students, Interns and doctors held at Bhopal. - Presented a paper on utility of BBCR in clinical practice at a National Homoeopathic scientific Conference, Homoeo vision 07' organized by H.M.A.F Varanasi.

Dr. S.K. Tiwari along with Dr. Sanjeev Rai, Dean, FMMC participated in National Campaign for Mother and Child care through Homoeopathy organized by Central Council of Research and Homoeopathy, Dept. of Ayush, Ministry of Health and Family Welfare held at New Delhi. was the moderator of a session on "Research in Homoeopathy" at Kottayam organized by Central Council of Research and Homoeopathy.

Dr. Shivaprasad K. Was the Guest Speaker on Founder's Day Programme at Kundapur organized by Homoeopathic Medical Association.

Dr. P. Chakraborty attended a Seminar on Research in Homoeopathy held at Kottayam (Kerala) organized by Central Research institute for Homoeopathy.

Dr. Guruprasad M.N. Presented a paper on Efficacy of homoeopathy in ADHD and Autistic children's in I.H.M.A Kerala, Calicut chapter.

Paper Publications

Dr. Madona Joseph published an article on "A case of PCOD" in Homoeo Times in August 2007.

Dr. Girish Navada published an article on "Allergic dermatitis & its Homoeopathic approach" in Homoeopathic medical panorama in January 2007.

Dr. Jacintha Monteiro published a paper on "Merits of Homoeopathic Palliation" in IHK News March 2007

Published a paper on A case of Allergic Rhinitis treated with LM Potency in Homoeo Times in May 2007

Published a paper on Birth of Homoeopathy in Rakno April 2007

Dr. Jyoshna Shivaprasad published an article on "Homoeopathy for children" in Deccan Herald.

Dr. Guruprasad M.N. Published an article on "Ginko Biloba a rare remedy" in Vital Informer in Jan 2007.

Dr. Deena Monteiro published an article "Hahnemann......A Perfect Vitalist" in the Homoeo Times in March 2007.

Published an article "Insomnia" in the Homoeopathic panorama March 2007.

Published an article "Role of Investigations in Thyroid disorders" in Homoeopathy for all in May 2007.







Published an article "Cholesterol and Cardio Vascular Diseases" in Vital Informer in August 2007

Dr. Sheena K.N. published an article on "Susceptibility & Immunity" in April 2007 issue of IHK News

Published an article on "Curability of Diabetes Mellitus homeopathically" in March 2007 in issue of Homoeopathy for all.

Dr. Prasanna Kumar K. published an article "Somatoform disorders – Doctor shopping" in Vital informer in February 2007.

Published an article "A case of Hypomania" published in Homoeopathic Medical Panorama in April – June 2007.

Dr. Deepa Pais published an article on titled "Homoeopathic Approach to common Helminathic Infiestations" in the April 2007 issue of the Homoeopathic Heritage.

Radio Talk

Dr. Prasanna Kumar An interview was broadcasted in All India Radio on 13th March 2007 regarding present trends in "Homoeopathic Education and Practice".

Talk on "Homoeopathy and allergic diseases" in Kannada was broadcasted in All India Radio, Mangalore on 10th May 2007.

Dr. Shivaprasad K talk on "Homoeopathy – The Medical system of the future" was broadcasted in All India Radio, Mangalore on 1st July 2007.

Dr. S.K. Tiwari talk on "Homoeopathy for children" was broadcasted in All India Radio, Mangalore on 8th October 2007.

Appointments

Dr. Srinath Rao and Dr. Shivaprasad K. were appointed as

members of inspection team of RGUHS, Karnataka.

Events and Celebrations

Mullerian

The quarterly bulletin of the College "Mullerian" is published regularly by the Editor Dr. M.K. Kamath.

Magazine Release

The College Annual Magazine "Pioneer 2007" was released on 31.10.2007. Rev. Msgr. Denis M. Prabhu, Vicar General, Bishop's House was the Chief Guest for the solemn and auspicious occasion. Dr. S.K. Tiwari, Principal welcomed the gathering, Rev. Fr. Patrick Rodrigues, Director presided over the function. Dr. Prabhu Kiran, Editor, Pioneer 2007 gave the vote of thanks. Rev. Fr.



Stany Tauro, Administrator, FMHMCH felicitated on this occasion.

Repertory Workshop

A workshop on Repertory was organized by the Department of Repertory of Fr. Muller Homoeopathic







Medical College from June 8th and 9th 2007. A total of 75 PG students from various colleges from all over India attended the workshop.

Inauguration of New Homoeopathic Post Graduate Courses

Inauguration of the new Homoeopathic Postgraduate courses in Medicine, Paediatrics, Psychiatry and Homoeopathic Pharmacy was held on 25th June 2007. Speaking at the inauguration of the courses the Chief Guest Dr. S.P. Singh, Advisor, Department of AYUSH, Government of India said that Father Muller Homoeopathic Medical College has become the first in the State to offer post graduation in all seven disciplines in Homoeopathy

Most Rev. Dr. Aloysius Paul D'Souza, Bishop of Mangalore presided over the function. Rev. Dr. Baptist Menezes, the Director, Fr. Muller Charitable Institutions, Rev. Fr. Patrick Rodrigues Director designate Rev. Fr. Stany Tauro, Administrator FMHMCH, Dr. S.K. Tiwari, Principal, also spoke on the occasion.



Blessing and Laying of Foundation Stone

Blessing and laying of Foundation Stone for the extension of the Ladies Hostel, Deralakatte was held on 5th July 2007

Inauguration of I BHMS (2007-08)

I B.H.M.S. course was inaugurated on 1st August 2007. Dr Madhav Bhandary, Chairman, Mangalore Urban Development Authority was the Chief Guest. Rev. Fr. Patrick Rodrigues, Director, Fr. Muller Charitable Institutions, presided over the function.

Hahnemann's Day Celebration

252nd Birthday of Dr. Samuel Hahnemann was celebrated on 14th April 2007. Dr. B. Sanjiv rai, Dean, Fr. Muller Medical College was the Chief Guest. Dr. Prasobh Kumar alumnus from Third Batch was the Guest of Honour. The occasion was marked by Academic and Cultural activities.







Doctors' Day

Doctors' Day was celebrated to mark Dr. B.C. Roy's Birthday on 2nd July 2007. Dr Valarmathy spoke on behalf of doctors. Rev. Fr. Stany Tauro and Dr. S.K. Tiwari spoke on the occasion.

Study Tour

The Department of Pharmacy organized an Educational tour to Ooty, Tamil Nadu from 25th to 27th October 2007. 64 students of I BHMS were accompanied by Dr. Ram Jyothis and Dr. Arunashree.

Homoeopathic Conference 2006

Homoeopathic Conference 2006 was held on 9th and 10th December 2006. It was attended by 526 delegates from all over India and also from abroad.

The conference was inaugurated by Dr. Vasanth Kumar, Registrar, Rajiv Gandhi University of Health Sciences, Karnataka and Most Rev. Dr. Aloysius Paul D'Souza Bishop of Mangalore presided over the function. Rev. Dr. Baptist Menezes gave his message on the occasion. Felicitation speech was done by Rev. Fr. Stany Tauro, Administrator, FMHMCH.



Dr. Rajan Sankaran was the main resource person who presented his talk for one and half days. The other resource persons Dr. Ram Jyotis, Kochi; and Dr. Tapan Chandra Mondal, Kolkota; Dr. Girish Navada and Dr. Prasanna Kumar presented their topics during the conference.

During the Valedictory function the Chief Guest Rev. Fr. Denis D'Sa, Administrator, FMMC released the Souvenir and addressed the gathering.

Student Activities

"SAHHA–07" – The Final BHMS students organized a thanksgiving ceremony on 16th December 2006 in the Academy Hall to express their gratitude to their teachers and the Management. The Director, Administrator, all the teaching staff and Advisory Committee members were invited.

Freshers' Day

Fresher's day titled "Marhaba 2007" was celebrated on 22.09.2007.

The Principal, Administrator and the Director addressed the students with the words of encouragement.

"ORSA-08"

The I, II and III BHMS students organized a grand farewell function "ORSA – 08", for the final year students on 12th November 2007.

Teachers' Day

The students with great enthusiasm celebrated the "Teachers' day 2007" on 05.09.2007. The function was presided over by Rev. Fr. Patrick Rodrigues, Director FMCI, and the Administrator appreciated the students for Organizing Teachers' Day celebrations. A representative







each from the undergraduates and Postgraduates expressed their feelings, followed by the speech of Dr. S.K. Tiwari, who reciprocated the feelings on behalf of the teachers. Rev. Fr. Patrick Rodrigues greeted each teacher on behalf of the gathering, with a gift.

N.S.S. Activities

Fr. Muller Homoeopathic Medical College N.S.S. Unit comprises of 100 N.S.S. student volunteers. All of them have been actively involved in various activities organized in the year 2007.

Free Health Check up camp

N.S.S. unit of Father Muller Homoeopathic Medical College visited various Government Schools in and around the Deralakatte and conducted general health check up for 2,925 students attending the rural school and medicines were given to the needy children.

Visits

The NSS team regularly visits Homes for the Elderly and children of Special Schools with free Homoeopathic Medicines.

Mr. Abhijeet (Internee) and Ms Dolorus Premi Peris (Internee) visited to RGUHS Bangalore for getting trained to participate in the Republic Day rally.

Health Education: NSS Students have various health education programmes:

NSS unit had conducted a health education programme on "Malaria and its prevention" at Government School, Permanoor (LCD presentation) and on Nutrition, Hygiene and prevention of common sickness to the children of Government school of Deralakatte.

University Exam Results

The February / March 2007 results of I, II, III & IV BHMS are 87%, 90%, 95%, 94% respectively.

IM.D. (Hom) 100%.

The September 2007 results of I, II, III & IV BHMS are 55.5%, 85.7%, 100%, 100% respectively.

P.G. Activities

P.G. students attended the following seminars in the year 2007.

- Seminar on RADAR by Fredrick Schroyens at Cochin.
- Research Seminar organized by CCRH, Kottayam

Homoeopathic Hospital

Over 46,229 Out-patients and 328 in-patients were treated during the year.

Out Reach Clinics:

Over 18,090 patients were treated in the Out Reach clinics during the year.

Medical Camps

Regular medical camps were conducted by the department of Community Medicine. 3,170 patients availed of the facility.

School Health Check Up

We have a regular school health check up programme. Over 2080 children were examined during the year.



Editorial Team



Sitting - L-R: Dr. S.K. Tiwari, Principal, FMHMC: Dr. B. Sanjeev Rai, Dean FMMC; Rev. Fr. Denis D'sa. Administrator, FMMC; Rev. Fr. Patrick Rodrigues, Director, FMCI; Rev. Fr. Stany Tauro, Administrator, FMHMC; Rev Fr. William Menezes, Administrator, FMCI; Sr. Jacintha D'Souza, Principal, FMCON;

Standing - L-R: Sr. Flora D'Souza, Principal, FMSON; Mrs. Jyothi Pinto, PO; Mr. Anil Danthey, PRO; Dr. Sreenath, Vice Principal, FMHMC; Dr. L.L. Joshna, Medical Superintendent; Dr. Clement, Sr. Aileen Mathias, Nursing Superintendent, Mrs. Prema D'Souza, Vice Principal, FMCON.