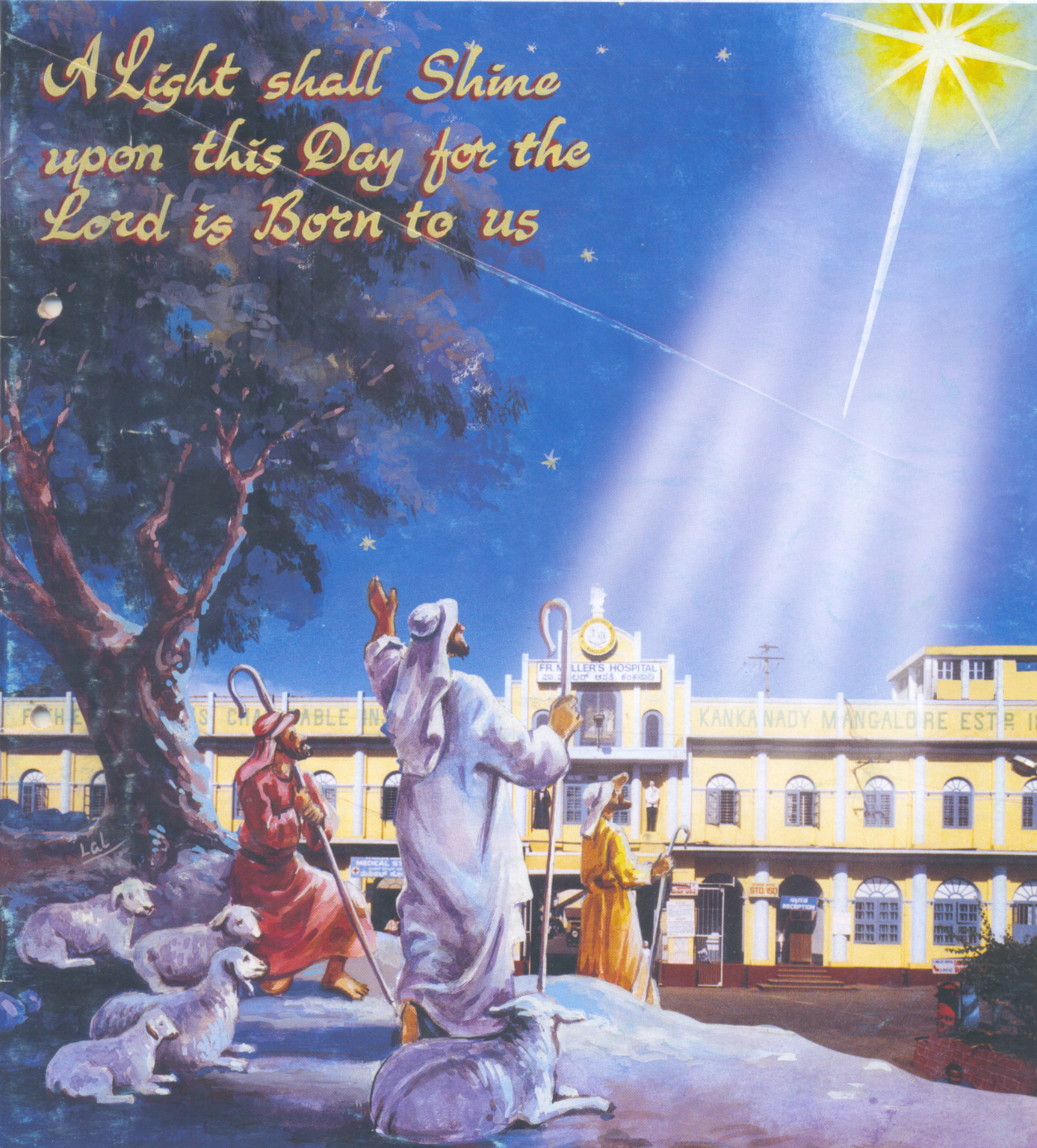


FR. MULLER

CHRISTMAS BULLETIN

*A Light shall Shine
upon this Day for the
Lord is Born to us*





Dear Friends,

Once again this Institution and our homes are lit with candles, ribbons, wrapped gifts, Christmas tree and evergreens to catch the spirit of this festive season.

Once again, thoughts of you glimmer along with warm wishes.

The best gift of Christmas is the one you can't buy and it comes without ribbons or bows to untie.

It's the gift of yourself and the love you can show, to the people around you wherever you go.

May God's gift of love be your gift at Christmas time.



MERRY CHRISTMAS 2002 AND A HAPPY NEW YEAR 2003

Rev. Fr. Ignatius M. D'Souza
Chaplain

Rev. Fr. Frank Rodrigues
Spiritual Director

Msgr. A.F. D'Souza
Spiritual Director

Rev. Fr. William Menezes
Administrator, FMCI

Rev. Fr. Stany Tauro
Administrator, FMHMCH

Rev. Dr. Lawrence C.D'Souza
Administrator, FMMC & FMCON

Rev. Dr. Baptist Menezes
Director





DIRECTOR'S CHRISTMAS MESSAGE

The time came for her to have her child. (Luke 2:6)



We have heard the story of Christmas several times before. However, let us hear it once more as it is narrated in the Gospel according to Luke.

Mary and Joseph went to Bethlehem to register for the census ordered by emperor Augustus. While there, Jesus was born. "Mary laid him in a manger, because there was no room for them in the inn. Now there were shepherds ... keeping the night watch over their flock ... The glory of the Lord shone around them, and they were struck with great fear. The angel said to them, "Do not be afraid; for behold, I proclaim to you good news ... For today ... a Savior has been born for you who is Messiah and Lord ..." And suddenly there was a multitude of the heavenly host with the angels, praising God and saying: "Glory to God in the highest and on earth peace to those on whom his favor rests."

When the angels went away from them to heaven, the shepherds said to one another, "Let us go, then, to Bethlehem to see this thing that has taken place, which the Lord has made known to us." So they went in haste and found Mary and Joseph, and the infant lying in the manger. Luke 2:7-16

The birth of Jesus changed the history of the world and has left an indelible mark on it. But why did Jesus choose to live as he did? "He emptied himself, taking the form of a slave ... Because of this, God greatly exalted him and bestowed on him the name that is above every name."

This is beautifully expressed in the following incident which took place in the life of a pilgrim by name James Martin who went to the Holy Land - Israel. During his trip to the Holy Land James Martin bought a tiny nativity set. The figures were handcarved from olive wood. When Martin arrived at the Tel Aviv airport for his return trip to the United States, security was tight. The customs officials x-rayed each figure in his nativity set, even the baby Jesus. "We can't take chances," they told Martin. "We've got to make sure there's nothing explosive in that set."

Afterward Martin thought to himself, "If those officials only knew! That set contains the most explosive power in all the world!"

What is so explosive about the Nativity i.e. about the birth of Jesus Christ Savior of the World? The explosive thing about the nativity is the message it contains. This message says that the Son of God chose to enter our world, not as a prince in a mighty palace, but as a pauper in a lowly stable. It says that the Son of God chose to be greeted, not by celebrities, but by smelly shepherds whose status was so low they weren't even allowed to testify in a court of law.

The explosive message of the Nativity is that God looks at things in a way that is totally different from the way the world looks at them. Nowhere is this more evident than in the life Jesus chose to live.

He chose poverty: "Foxes have dens and birds ... have nests, but the Son of Man has nowhere to rest his head." (Luke 9:58) He chose humility: "Learn from me, for I am meek and humble of heart." (Matthew 11:29) He chose dishonor: "The Son of Man ... must suffer greatly and be rejected by this generation." (Luke 17:24-25)

Our problem today is that we do not want to celebrate Nativity with the explosive message it contains. In other words, we are not prepared still to translate the explosive message of Christmas even after 2000 years of the Nativity. The Christmas celebration all over is one of gold and glitter, fun and frolic and show and glamour. The Christmas message does not stay here once the celebration is over. It does not hurt because the message does not penetrate one's life. It does not challenge one to witness the explosive message it contains because the song of angels sung at Christmas time has not found a place in the human heart. That's why we will continue to have the homeless, landless, the poor, the marginalised, the downtrodden, underprivileged and the unwanted galore along with the





affluent landlords, the privileged elite and the preferred rubbing shoulders with the have-nots.

The angels on Christmas night sang "Glory to God in the highest and peace to His people on earth." The explosive message of Christmas and all its rich values have all the while evaded us. As far as we see, greed and ambition seem to be the contagious diseases of the present day. Everything is weighed and measured, counted and accounted in terms of money and things, and their sources, resources and consequences. "The more you have, the better and greater you are; the higher you go, the more you will have", are the axioms that are being considered sacred all around. Naturally, people are busy amassing wealth and possessions in all possible ways and with all available means. The end justifies the means is the principle followed. Hence speed has become an important factor in the present set up. Competition to acquire is such that everything has to be done in a fast and crash style. "The world provides enough for every man's need but not for every man's greed", said Mahatma Gandhi. Consequently, hurry is the biggest worry. In this mad race, where is room for peace and happiness? Where is place for calm and joy?

Respect for the human person, the image and reflection of the Creator is fast disappearing in today's society. Human life has become cheaper than any commodity. Murders for revenge and killing for material gains are becoming common. Safety and security to life itself are on the decline. Dacoities and thefts are every day affairs. Human rights are ceasing to be values in our so called civilized society. Instead of the culture of life, the path followed is the culture of death!!!

But ... we still have a beautiful world around us. We still have angels singing the beautiful song of Christmas. We still have 'Mother Theresas' with hearts filled with love, compassion and service to the poorest of the poor pointing at God's love for each one of us. We have the United Nations which is a symbol of Unity and Peace constantly and continually knocking on the consciences of the world leaders and nations calling them to follow the path of peace and brotherhood. We have hundreds and thousands of noble men and women in all faiths and religion and also Institutions established and run by them to witness the song of angels "Glory to God in the highest and peace to His people on earth."

Our beloved Founder of Father Muller Charitable Institutions Rev. Fr. Augustus Muller, SJ, followed the explosive message of Christmas with such unction and dedication that we have been privileged to become part and parcel of such a message since 123 years. As the Star guided the Magi to the Babe born at Bethlehem, so also the vision and charism of our founder continues to lead and guide us to celebrate Christmas with the explosive message it contains because Christmas goes on and on and on...

*When the song of the angels is stilled,
when the star in the sky is gone,
when the kings and princes are home,
when the shepherds are back with the flocks,
the work of Christmas begins:
to find the lost, to heal the broken,
to feed the hungry, to release the prisoner,
to rebuild the nations,
to bring peace among brothers,
to make music with the heart.*

May the Spirit of Christmas bring you Peace, the Gladness of Christmas give you Hope, the Warmth of Christmas fill you with His Love.

Rev. Dr. Baptist Menezes
Director





FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE

Father Muller Homoeopathic Medical College has successfully completed 18 years of its meaningful existence in the field of Homoeopathic Education and Practice. The year 2002 was equally eventful like other years with various academic and related activities.

NEWS

Admission :

In the academic year 2002-2003, 54 students are admitted under Management quota and 10 candidates under Government quota. The admission to I BHMS course is done through written test and interview.

11 students were admitted to M.D. (Hom) course 2002-2003 batch.

The total students strength of the college is 380 in U.G. & 29 in P.G. courses as on 30.11.2002.

Examinations :

I B.H.M.S., II BHMS & III BHMS & IV BHMS University examinations were conducted by Rajiv Gandhi University of Health Sciences, Karnataka in June 2002. The results are 81%, 81.1%, 69.5% and 44% respectively.

I M.D. (Hom) & II M.D.(Hom) University examinations were conducted by Rajiv Gandhi University of Health Sciences, Karnataka in March 2002. The results are 77% and 70% respectively.

University exams for M.D. students are held in October 2002 and for the supplementary batch of B.H.M.S. students in the month of November 2002, the results are awaited.

New P.G. Block :

A separate P.G. Block was blessed and inaugurated on 17th July 2002 by Rev. Dr.

Baptist Menezes, Director of F.M.C.I. All the Advisory Committee Members and Faculty of H.M.C. were present.

Nomination / Appointments :

Dr. S.K. Tiwari has been nominated as a member for the special committee on Human Pathogenic Trial (Drug Proving) of Scientific Advisory Committee of Central Council for Research in Homeopathy, New Delhi, Govt. of India.

N.S.S. News

Dr. Girish Navada, appointed as N.S.S. Programme Officer for N.S.S. Unit of Fr Muller Homoeopathic Medical College from July 2001. He underwent 10 days programme organised for Programme Officers in Mysore.

61 students of Fr Muller Homoeopathic Medical College were enrolled as N.S.S. Volunteers to N.S.S. unit of Fr. Muller Homoeopathic Medical College.

In commemoration of National Voluntary Blood Donation Day, N.S.S. Unit of Fr Muller Homoeopathic Medical College and Fr Muller Medical College jointly organized a Inter Collegiate Poster/ Collage, Medical Quiz and Elocution on "Voluntary Blood donation and safe blood" on 26th October. Various Medical, Para Medical Colleges participated. Fr Muller Homeopathic Medical College N.S.S. Volunteers actively participated in the competition. In poster/ collage competition, Mr. Jerald Jaya Kumar III BHMS & Mr. Rajachandra, III BHMS secured I and II prizes respectively. In elocution Mr. Bagyavasan, III BHMS secured I prize. Ms. Ponmani and Mr. John Paul have ranked within 10 in written Medical Quiz in 'Voluntary Blood Donation & Safe Blood'.





Mullerian

The quarterly bulletin of the college has been published regularly. We thank all the readers for their appreciation and valuable suggestions.

EVENTS

Farewell :

The Ist, IInd and IIIrd BHMS students organised a grand



Menezes, on 25.09.2002 with the lighting of lamp and a short prayer service.

Hahnemann's Birthday Celebration

A grand function, full of academic and cultural activities was organized by the faculty and students of this College to commemorate the 247th birth anniversary of Master Samuel Hahnemann, the Founder of this rational system of medicine on 10th April 2002. Rev. Dr. Baptist



farewell function 'Alvida-2002' to the final year students on 02.03.2002. The function witnessed several variety entertainment programmes and transferring of lamps from Administrator, Principal to the students which is symbolic transferring of the knowledge and values.

Inauguration of I BHMS :

The I BHMS course (2002-2003) was inaugurated on 25.10.2002 by Rev. Fr. Baptist Menezes, Director of Fr. Muller Charitable Institutions. Dr. Shrinath Rao, Dr. S.K. Tiwari, Dr. Shivaprasad and Rev. Fr. Stany Tauro spoke on this occasion.

Inauguration of I MD :

The I MD course (2002-2003) was inaugurated by the Director, Rev. Dr. Baptist



Menezes, the Director of FMCI inaugurated the function and delivered his message. Rev. Fr. Stany Tauro, Administrator, FMHMCH graced the occasion and encouraged all the participants in the Co-curricular Programme which followed the Inaugural Function. Dr. V.T. D'Souza, the former





Homoeopathic Physician, Fr. Muller Hospital and recipient of Hahnemann Award was honored by Rev. Dr. Baptist Menezes, on that occasion. Dr. Roshan Pinto, Convener of the programme, proposed the vote of thanks. Several competitions like elocution, drug picture presentation, medical quiz, Dumbcharade, collage etc. were held and the winners were given prizes. The programme came to an end with a delicious lunch get together.

Teacher's Day Celebration

Teacher's Day was celebrated by the students on 5th September 2002 with the theme *"A Teacher Takes A Hand and Moulds The Future"*.

Educational Tour - Ooty



An Educational tour to Ooty was organized for I BHMS students by the Dept. of Pharmacy, Fr Muller Homoeopathic Medical College from Oct. 25th to Oct. 29th 2002. A group of 59 students and 3 staff members of the Pharmacy Department took part in collecting important medicinal plants of different species.

Magazine Release

The College Annual Magazine 'Pioneer - 2002' was released on 31st October 2002 on the eve of the Founder's Death Anniversary. Shri. M. Shashidhar Hegde, Mayor, Mangalore City



Corporation was the Chief Guest for the solemn and auspicious occasion. Fr. Muller, a great Homoeopathic Clinician was remembered during the release function.

Homoeopathic Conference 2002

The faculty of Fr. Muller Homoeopathic Medical College has organized a National Homoeopathic Conference scheduled to be held on 14th and 15th December 2002. More than 300 delegates from different parts of India are expected to participate in the Conference. The Conference ensures discussions and deliberations on **Ovarian Disorders, Leucoderma and Psoriasis**. Following each scientific session there will be an **exclusive discussion by a panel of eminent practitioners and academicians**. This is a unique opportunity given to the delegates to have an insight into their clinical experiences regarding similar cases, thus fulfilling our objective '**Learning through Experience**'. The conference will be inaugurated by Mr. D.P. Negi, I.G.P., Mangalore.

The speakers Dr. D.P. Rastogi, New Delhi, Dr. S.M. Singh, Allahabad, Dr. A.U. Ramakrishnan, Chennai, Dr. Girish Gupta, Lucknow and others are expected to present papers on the themes.





Alumni Associations

A function to welcome the out going batch of interns and P.G.'s to the Alumni was held on 09.08.2002 at Eden Club, Mangalore. Rev. Fr. Stany Tauro, Administrator, Principal Dr. S.K. Tiwari, Dr. Sunny Mathew Medical Superintendent were present. Dr. Shivaprasad, President welcomed the gathering and welcomed the new batch to the alumni association and spoke on the objective of alumni association to them. Alumni staff members were present for the meeting. The meeting ended with Dinner and a short cultural programme.

Student Activities

Post Graduate :-

- i) 8 P.G. students attended National Scientific Conference at Salem. Dr. S.S.Patil MD Part II got an award of best paper in the open forum for his paper on Idiopathic Thrombocytopenic Purpura and Hom. Management. The total number of papers were 3.
- ii) 5 P.G. students attended Homoeo-sem 2002, a Scientific Conference at Kanyakumari.
- iii) 6 P.G. students attended National Teacher's Conference conducted by HMAI Teacher's wing. They also visited CCH, CCRH as a part of their tour in the month of February 2002.
- iv) The regular symposium, clinical meeting and journal clubs are continuing as per schedule.

BHMS :-

- i) 8 students were selected by R.G.U.H.S. to participate in the National Youth Festival held at Guru Nanak Dev University, Punjab in February 2002.
- ii) The students celebrated Onam by putting flower carpets and distributing sweets during the Onam festival in August 2002.
- iii) The students and staff participated in Kalasangam 2002 organized by Mangalore Music and Cultural Association and bagged

many prizes along with **Rolling Trophy Runners Up** in the 2nd and 3rd week of November 2002.

iv) A team of 33 students participated in Youth Festival organized by R.G.U.H.S. at Moodbidri held on 28th Nov. to 30th Nov. 2002.

v) The students participated in an athletic meet held at Mysore in the 2nd week of November organized by R.G.U.H.S.

Clinical Services

Medical Exhibition



The Homoeopathic Medical College has participated in Scientific Exhibition at Nehru Maidan, Mangalore in the month of November 2002.

Another Exhibition was held at Kundapura during the "Arogya Mela" in the month of October 2002.

School health check ups

School Children's Health Check Up was carried out by Faculty members, P.G.'s and Interns in the month of July. A total of 850 children were examined of St. Joseph's School, Kankanady and Infant Mary's School, Jeppu. Children requiring further treatment were called to the hospital and treated accordingly.

Rural Clinics

Rural clinics are held at Deralakatte daily and once a week at Pakshikere, Mukka, Kuloor,





Shakthinagar, Ashok Nagar and Permannoor. Bimonthly medical camps are held at Bela where more than 250 patients are attended to at each visit.

Once a month medical camp is held at Pavor where more than 300 patients are treated free of cost. Medical Camps were also held at various other locations throughout the year.

Accomplishments

- 1) Dr. S.K. Tiwari participated as speaker on 'The role of Repertories' at a conference in Anand, Gujarat in the month of February 2002.
- 2) Dr.S.K. Tiwari presented a paper on "Homoeopathic Medical Repertory and Synthetic Repertory" in Goa in January 2002 and "Homoeopathic Management of ADHD" in Salem in March 2002.
- 3) Dr. Praveen Raj presented a paper on Retrospective study of Cancer in Homoeopathic Conference 2001 at Fr. Muller Homoeopathic Medical College. He also gave a talk on Sex Education to S.S.L.C. students at Deralakatte School, in March 2001 and Malaria in October 2002.
- 4) Dr. Anita Fernandes presented a paper on Efficacy of Tuberculinum Bovinum in the Management of Paediatric Allergic Respiratory disorders – at National Conference in Salem in February 2002.
- 5) Dr. Shivaprasad presented a paper on "Irritable Bowel Disorders. He gave a talk in AIR on "Role of Homoeopathy in female

complaints". He was the Chief Guest at Chitra Durga Homoeopathic Association Conference in March 2002.

6) Dr. Rita Chakraborty presented a paper on Pathophysiology and Reportorial approach in the Inflammatory bowel diseases in Mangalore Homoeopathic Conference March, 2002. She presented a paper on Migraine in Chitradurga in March 2002.

7) Dr. S.K. Tiwari was appointed Medical Inspector to inspect B.R. Sur Homoeopathic Medical College, New Delhi in the month of July 2002, and to inspect Mahatma University of Health Science at Chandpur and Amarawati in the last week of September 2002.

8) Dr. S.K. Tiwari presented a paper on Hyperactive children at Homoeo Sangam organized at Lucknow on 7th and 8th September 2002.

9) Dr. Roshan Pinto has been deputed by the management to attend the workshop on Research Methodology funded by WHO, on 25th to 27th September 2002.

10) Dr. S.K. Tiwari was invited to speak on the "Role of Repertory in Homoeopathic Educational Practice" by Canadian Coalition of Homoeopathic Medicine in an International Homoeopathic Conference organised at Toronto. It was a 3 days conference, i.e. on 6th, 7th and 8th October 2002. His paper was much appreciated by the audience.

11) Dr. Madona Joseph presented a paper on Constitutional Approach in Allergic Disorders in the Scientific Conference 'Homoeosem' in Kanyakumari, in October 2002.

12) Dr. Roshan Pinto and Dr. Girish Navada are appointed as Faculty Members of Homoeopathy by RGUHS.

13) Dr. Madona Joseph presented a paper on the Importance of Acute & Constitutional Remedy in the treatment of cancer in Homoeopathic Conference 2001, F.M.H.M.C.





Editorial Team



Seated (L to R) : Dr. B. Sanjeev Rai, Dr. Jayaprakash Alva, Sr. Loredana Korah, Rev. Dr. Lawrence C. D'Souza, Rev. Fr. Stany Tauro, Dr. S.K. Tiwari, Rev. Fr. William Menezes,

Standing (L to R) : Mr. Roshan Vas, Sr. Lucy Rodrigues, Sr. Winnifred D'Souza, Dr. Libert Anil Gomes, Mr. Anil Danthy, Dr. (Sr.) Vida Oliveira, Ms. Elsha Paul, Dr. Shivaprasad, Sr. Janintha D'Souza

Words of Gratitude ... Words of Appreciation

(from the Chairman of the Editorial Committee)



Dear Reader,

Thank you for going through this Christmas Bulletin. I sincerely hope you enjoyed reading the same. If you found it interesting, informative and inspiring, the Editorial Committee has every reason to rejoice and if it fell short of your expectations, please don't hesitate to send your views/observations. Your views—positive or negative, are most welcome. We are open to your feedback. It will help us to improve the quality of our work!

The Bulletin you have in your hands is the fruit of the team work and collaboration. Each and every member of the Editorial team has worked hard to design the cover page, to collect information, photographs etc... To each of them I say a big "Thank You". I as the Chairman of the Editorial Committee, place on record the hard work of the Editor-in-Chief and all the members of the Committee and ask God to bless them not only during this Christmas Season but all through the New Year - 2003.

Regards,

Rev. Dr. Lawrence C. D'Souza
Administrator-FMMCH, FMCON



FR. MULLER INSTITUTE OF HEALTH SCIENCES**(A unit of Fr. Muller's Charitable Institutions)**

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COURSES OFFERED**A. College of Nursing**

- 8 General Nursing & Midwifery (3 years)
- 8 B.Sc. Nursing (4 years)
- 8 Post Certificate B.Sc. Nursing (2 years)
- 8 M.Sc. Nursing (2 years)
- 8 Ph.D. Nursing

B. Medical College

- 8 M.B.B.S. - 4 1/2 years + 1 year rotating internship
- 8 Post Graduate Degree - 3 years Diploma - 2 years
- 8 M.Sc. Pycho Social Rehabilitation
(4 years including 6 months internship)
- 8 B.Sc. Medical Laboratory Technology (3 years)
- 8 B.Sc. Radiography (3 years)

C. Homoeopathic Medical College

- 8 BHMS (4 1/2 years + 1 year rotating internship)
- 8 MD (Homeopathy) - 3 years

All the above courses except GNM Programme,
are affiliated to Rajiv Gandhi University of Health Sciences,
Bangalore, Karnataka and approved by respective councils.
GNM Programme is under the Nursing Council.

To,

If undelivered please return to :

Director,

FR. MULLER CHARITABLE INSTITUTIONS

Fr. Muller Road, Kankanady, Mangalore - 575 002.