



# MULLERIAN

## The Quarterly Bulletin of Fr. Muller's Homoeopathic Medical College & Hospital

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### Editorial

*Homoeopathic system of medicine is well known for its effectiveness and to heal the sick, since more than two centuries. The system, which originated in Germany is being practiced in all the corners of the world. It has progressed with leaps & bounds in a short span and has acquired a prominent place in health care system at present.*

*More and more people all over the world are looking for alternative system of medicine for the satisfactory treatment of most of the acute and chronic complaints. They are turning towards Homoeopathic system of medicine for deriving the benefits of its holistic as well as rational approach. The number of patients reporting for homoeopathic treatment is very much encouraging and proves the efficacy of homoeopathic medicines.*

*We the practitioners of this Nature's way of cure have a moral responsibility to cater the needs of these large number of patients who seek our services. The only way to attend to this need is to standardize the homoeopathic medical education and practice. Though the syllabus and curriculum provides a great exposure to various subjects and opportunity to learn, it still requires to be implemented in right spirit. It's matter of pride that the post-graduate courses have been introduced in Homoeopathy since a few years, which have helped students and teachers to evolve to meet the standard. The advancing education in homoeopathy should help the learners to make this system more and more comprehensive and practical. The need of hour is to integrate the knowledge of all the disciplines being taught to a medical student. It should be taken up with right earnest by experienced teachers who are also good clinicians. Probably, such efforts would merge the gap between the theory & practice and enable a graduate or post graduate to discharge the duty with more confidence and better clinical acumen.*

*It is strange that the number of incurable diseases is on increase despite the rapid progress of the science. These so called incurable diseases are well treated in Homoeopathic system of medicine if the principles of this system are applied rightly. The applications of homoeopathic principles need standardization.*

*The Educational institutions do also have a greater responsibility to inculcate the moral and social values*

*among the learners. The all round development of neophytes is essential to practise Homoeopathy at par with the philosophy of whole-ness. They should be able to give importance to every individual in its totality.*

*The role of several individual homoeopathic practitioners as well as academicians in development of homoeopathy are commendable. The time has come when ALL should come forward to bring out the best of homoeopathy, so that everyone who chooses homoeopathy a carrier should come out as a confident, well trained academician and clinician after completion of their courses. Let all homoeopaths unite together for the cause of homoeopathy.*

**Dr. Shashi Kant Tiwari**

Editor

### MESSAGES

I am happy to note that Father Muller's Homoeopathic Medical College and Hospital is getting ready to place the fifth issue of "MULLERIAN" in the hands of its esteemed readers.

While I offer my best wishes, to the Editor and the Editorial Board for this excellent service to lovers of homoeopathy, I also wish the readers of MULLERIAN, be they our former staff and students, our well-wishers and friends every success in their esteemed service through homoeopathy. May this link through the MULLERIAN bring us closer to each other and may the cause of Homoeopathy be spread further and further.

**Rev. Dr. Baptist Menezes,**  
DIRECTOR.

The students of Fr. Muller's Homoeopathic Medical College have performed very well in the last university examinations. Mr. Ahmed Zubair of 1st year batch has secured distinction. The 4th batch of students have secured 100% results.

Well done! Dear students, you have held the flag of Fr. Muller's Homoeopathic Medical College flying high.

The good results are an outcome of the work of the Principal and the dedicated staff. They have spared no pains in imparting good and quality education to the students.

We appreciate your hard and dedicated work.

We are grateful to the Rajiv Gandhi University of Health Sciences and the Central Council of Homoeopathy for their constant support and guidance.

**Rev. Fr. Stany Tauro**  
Administrator - FMHMCH

## Case Report

### OSTEOMYELITIS

Osteomyelitis is defined as microbial invasion & destruction of bone. The disease occurs in a wide variety of clinical settings in both children & adults and can follow an acute or chronic course.

#### Criteria for Diagnosis

1. It should be considered in an otherwise healthy child who develops swelling of extremity in association with fever & chills.
2. In adults it most often occurs in elderly people & is frequently related to specific predisposing factors such as open trauma, surgery, chronic vascular diseases.
3. **Subjective manifestation :** The pertinent symptomatology is related to the type of osteomyelitis.
  - a) In children with haematogenous infection there is frequently a history of prior blunt trauma to the affected area. They usually experience abrupt onset of high fever & prominent systemic toxicity.
  - b) Adult with haematogenous variety will experience fewer systemic symptoms, local symptoms predominates.
  - c) Patients with osteomyelitis that has spread from an adjacent site may have a H/o open trauma, surgery, punctured wound/animal bites.
4. **Objective manifestations :**
  - a) Common physical findings include local tenderness, oedema & erythema overlying the affected bone, sinus tracts with/without drainage are frequently seen in chronic variety.
  - b) Investigations : Routine Laboratory evaluation doesn't specifically contribute to the diagnosis. The W.B.C. count may be raised especially in child with haematogenous variety. Although non specific, E.S.R. is elevated in majority of cases. Culture of blood/lesion tissue is essential for precise diagnosis.

Early radiographic findings may include - soft tissue swelling, loss of tissue planes & periarticular demineralization of bone. About 2 weeks later erosion of bone, alteration of cancellous bone appear followed by periostitis and rapid growth of periosteum (involucrum). Pathological fracture may be present in chronic osteomyelitis.

5. Progresses to chronic osteomyelitis takes place due to
  - i) improper drainage of the pus
  - ii) formation of an undrained cavity in the bone
  - iii) formation of sequestra
  - iv) presence of foreign body.
 In chronic variety patient presents with one/more sinuses discharging pus over the involved bone. There may be granulation tissue protruding at the sinus which is often adherent to the bone underneath. The whole bone is thickened and tender. The patient may sustain a pathological fracture at the site. There will be periodic acute flare up of the infection with fever, swelling & pain.

#### A Case :

A boy aged 15 yrs. reported to the OPD on 12.03.01 with an wound in the right leg, with a discharging sinus. Through the sinus, plagues of bone comes out with thick yellowish discharge. This was a known case of chronic Osteomyelitis of right fibula with abscess and history of undergoing surgery 9 months back. As the patient was not better, a second surgery also was advised. Patient approached for Homoeopathic treatment.

#### Additional information :

Lean, tall, with dark complexion

Appetite - good, craving sweets ++; Aversion - Chicken ++  
Patient is chilly; perspiration increased - chest & axilla

Patient was admitted on the same day and Flour acid 30 tds was given based on the presenting totality and advised daily dressing of the wound with Echinacea Q.

Investigation done 13-3-2001

Hb - 14 gm%

WBC - TLC 12,300cmm

DLC - N<sub>18</sub> L<sub>19</sub> E<sub>4</sub>

ESR - 16mm/1st hr.

X-ray confirms diagnosis of Osteomyelitis

#### Treatment :

After careful study & analysis *silica* came as the constitutional remedy. Silica 200 one dose was given on 19-3-2001. Flour Acid 30 was stopped. Silica 200 was repeated on 23/3/2001. On 26th X-ray was taken. X-ray showed signs of improvement. On 27th Silica 1m was given. Patient was generally better pus discharge was reduced & itching and pain were better. Even though Flouric acid 30 showed some improvement, the action of the constitutional remedy was faster.

Osteomyelitis may become a chronic health problem that affects the quality of life or loss of extremity. In Homoeopathic treatment, the constitutional approach aids in the effective management of Osteomyelitis and improves the quality of life.

#### Education :

1. The importance of long term therapy to achieve the cure must be emphasized to the patient & family.
2. They can be reassured that this is generally a localised process & not life threatening.
3. The patient should be informed of the progressive destructive nature of untreated chronic infection & should be followed closely during the treatment for the evidence of adequate clinical response. If sterility of the lesion is achieved within a few days a good result can be expected in most cases, if there is no compromise of the patients immune system.

Follow-up X-ray may be necessary for months/years after the treatment to accurately assess the final outcome of bone healing.

Patient should be informed about recurrences and that they should report immediately if symptoms & signs develop.



- Master Samuel C. F. Hahnemann's 246th Birth Anniversary was solemnly observed on 10th April with great gaiety and enthusiasm. The function was inaugurated and presided over by Rev. Dr. Baptist Menezes, Director, FMCI. Rev. Fr. Stany Tauro, Administrator, FMHMCH graced the occasion and encouraged all the participants in the co-curricular programme which followed the inaugural function. Dr. Shrinath Rao, welcomed the gathering Rev. Fr. Stany Tauro, Administrator highlighted the importance of the day, Rev. Dr. Baptist Menezes, Director delivered his message. Dr. P. Chakraborty, Convenor of the programme proposed vote of thanks. Half-a-day co-curricular activities witnessed 'Drug picture presentation', 'Extempore' and 'Fungama' competition. The day long Celebrations was concluded with sumptuous lunch get together.
- 23 Interns joined Compulsory Rotatory Internship programme on 10.08.01. An orientation programme for Interns was conducted by the faculty members on the same day.
- Rajiv Gandhi University of Health Sciences has declared the results of May/June 2001 examination. The results are as mentioned below.

	Class	Appeared	Passed	I Class	Distinction	Percentage
I	BHMS	59	51	25	1	88%
II	BHMS	51	41	14	-	80%
III	BHMS	53	46	14	-	86%
IV	BHMS	21	21	13	-	100%

- The 53rd Birthdays of Rev. Dr. Baptist Menezes, Director, FMCI and Rev. Fr. Stany Tauro, Administrator, FMHMCH were celebrated with great zeal on 28th July and 20th August respectively.
- Final M. D. (Hom) students organised a thanks giving function on 11th August 2001 to express their gratitude to their teachers.
- Two Medical camps one at Ujire and another at Bantwal were organised by Fr. Muller's Homoeopathic Medical College. A Total no. of 296 & 78 patients were attended to by the doctors and interns. The consultations and medicines were given free of charges.

## POINTS TO PONDER

In terminal conditions, when the patient does not react to well selected remedies, nor intercurrent reaction. Remedies, given in potentiated form and small doses, resort to the crude drug and increase the dose to the point of reaction.

STUART CLOSE

When you make failures you may be sure that they are within yourself. If you think the failure is in Homoeopathy you will begin your corrections on the wrong side of the ledger.

J. T. KENT

## FACULTY MEMBERS IN LIGHT

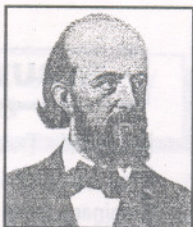
- Dr. S. K. Tiwari, Principal, Presented a paper on 'Scope of Homoeopathy in GIT disorders' at First National Homoeopathic Seminar - 2001 organised by Homoeopathic Medical College, Udaipur, Rajasthan on 12th and 13th January 2001.
- Dr. S. K. Tiwari, Principal visited Dr. Nielsen's Homoeopathic Medical Education and Research Centre, Winnipeg, Canada to deliver lectures in the month of January.
- Dr. (Sr.) Vida Olivera, Dr. Pranabananda Chakraborty, Dr. Pravas Kumar Pal, Dr. Dolphin J. Karat and Dr. Joseph Thomas Presented papers on 'Gall stones', 'Connective tissue Disorders', 'Blood Disorders', 'Role of Constitutional therapy in male infertility' and 'Gall Stones' respectively in 10th National Homoeopathic Conference organised by Research Society of Homoeopathy, Shimla on 17th and 18th February 2001.
- Dr. Dolphin J. Karat, Dr. Amitha P. Baliga and Dr. Jyosha Shivaprasad presented papers on 'Haemorrhagic disorders - A Homoeopathic Approach', 'Efficacy of Magnesium in Spondylosis' and 'Effective case taking in Mental disorders.' Dr. Joseph Thomas was Co-Chairman for Hammorrhagic disorder and Mental disorders. This 4th National Homoeopathic Conference - 2001 was organised by Karnataka Qualified Homoeopathic Doctors Association and Dr. Hahnemann's Rural Homoeo Medical Practitioners Association, Mahalingpur & Institute of Classical Homoeopathic Research Foundation, at Bangalore on 3rd and 4th March 2001.
- Dr. Shivaprasad, Reader, Dept. of Organon, Dr. Madona Joseph, Asst. Professor, Dept. of Forensic Medicine and Toxicology, Dr. M. K. Kamath, Asst. Professor, Dept. of Medicine, Dr. Vilma D'Souza, Asst. Professor, Dept. of obstetrics and Gynaecology, Dr. Dolphin J. Karat, Asst. Professor, Dept. of Obstetrics and Gynaecology, Dr. Joseph Thomas, Lecturer, Dept. of Materia Medica and Dr. Prabhu Kiran, Dept. of Anatomy use appointed as examiners at Calicut University in the month of March 2001.
- Dr. (Sr.) Vida Olivera, Reader, Dept. of Social and Preventive Medicine was appointed as an External Examiner at Govt. Homoeopathic Medical College, Trivendrum in the month of March 2001.
- Dr. Dolphin, Dr. Roshan Pinto, Dr. (Sr.) Vida Olivera & Dr. Joseph Thomas were deputed for advanced training in Homoeopathic prescribing at Palghar Hospital, Mumbai.
- Dr. Madona Joseph, Dr. Joseph Thomas, Dr. M. K. Kamath, and Dr. Roshan Pinto were appointed as external examiners by Calicut University in the month of August 2001.
- Dr. Madona Joseph was appointed as external examiner in the Goa University and Kerala University to conduct BHMS examination in the month of August 2001.
- Dr. S. K. Tiwari was appointed Medical Inspector by Central Council of Homoeopathic to inspect Homoeopathic Medical Colleges in the states of Maharashtra from 11th to 17th July 2001.
- Dr. S. K. Tiwari attended the 'Board of studies' meeting of Goa University on 17th August 2001.
- Dr. Shrinath Rao attended 'Board of Studies' meeting of Rajiv Gandhi University of Health Sciences held on 20th July 2001.

**Dr. Carrol Dunham**

New York

Birth Oct. 29 . 1828

Death Feb. 18 . 1877



The homoeopathic materia medica is made up, theoretically at least, of the objective and subjective symptoms produced upon healthy persons by drugs, taken with a view to ascertain their physiological or pathogenetic effects. I say theretically, because our materia medica being as yet incomplete and imperfect, whereas the exigencies of practice are as wide and various as the distribution and the diseases of the human race, we are under the present necessity of supplementing our pure provings by observations of the action of remedies on the sick (called clinical symptoms), by toxicological records which are involuntary provings made in a rougher way than we could desire, and even by hypothetical conclusions from the scanty data of incomplete provings, as, for example, when from the action of a drug upon the mamma we infer its effect upon the ovary, etc., etc. The necessities for the temporary expedients will be less frequent in proportion as we are able to carry forward the development of the science of materia medica.

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The faculty of Fr. Muller's Homoeopathic Medical College has decided to organise the Homoeopathic Conference - 2001 scheduled to be held on **24th and 25th November 2001.**

It may be noted that Homoeopathic Conference is an annual feature and a part of academic activities of this college. This activity has been taken up by the faculty members with an objective of highlighting the scientific aspects of Homoeopathy among the learners and practitioners of this system of rational healing art. To achieve this objective we need help, co-operation and guidance of all concerned.

Undoubtedly, it needs a good team work and tremendous effort on the part of each one involved in clinical practise as well as in academics to make such programme a success. Such successful team work, I am sure, would certainly make Homoeopathy as the first line of treatment of this Millennium.

We, at Fr. Muller's, are working in this direction and we would like to share our experience and to learn from others experiences too. Hence we arrange a common platform for all, to have a dialogue and fruitful discussion on various themes so that the *learning through experience* becomes a reality at the end of two days of scientific sessions.

The details about the conference are as follows.

**Themes**

- I CANCER
- II INFLAMMATORY - BOWEL DISORDERS

For further information contact :

**Dr. M. K. Kamath** *Organising Secretary,*  
Homoeopathic Conference - 2001.

Fr. Muller's Homoeopathic Medical College, Kankanady,  
Mangalore - 575 002. Phone : 08252-24621 (R)

Please register your name as delegate

Registration Fee Till 30th October After 30 October

Delegates	Rs. 400/-	Rs. 500/-
Students/Interns	Rs. 300/-	Rs. 400/-
Accompanying Person	Rs. 350/-	Rs. 450/-

**DR. SHASHI KANT TIWARI**

*Chairman*

HOMOEOPATHIC CONFERENCE - 2001