



# MULLERIAN

Vol 26

Quarterly Bulletin of Father Muller Homoeopathic Medical College and Hospital

Jan - March, 2010

## EDITORIAL

Dear friends,

Another year has gone by, filled with aspirations and fulfilments achieved by the staff as well as the alumni of this prestigious college and these cherished moments have been embedded in this edition of *"Mullerian"*.

When I was entrusted with the reins of the *"Silver Jubilee year issue of Mullerian,"* my reaction was a mixture of apprehension, pride and determination. The arduous efforts of the editorial committee and the guidance from the Administrator and Principal were rewarded with a response that surpassed our expectations. I thank the management for nominating me and a special thanks to the editorial committee members and Dr M.K. Kamath, the former editor, for all his contributions to this magazine.

As the new year began on the horizon of Father Muller Homoeopathic Medical College, we had a year long of academic activities which started when the Silver Jubilee year was inaugurated on 14<sup>th</sup> July 2009 and now we are stepping into the grand finale of the Silver Jubilee celebrations which will be held on 24<sup>th</sup> & 25<sup>th</sup> April with a Homoeopathic conference on *"Health for all through Homoeopathy"* and Alumni Meet *"Milan"*.

Yet another milestone to our college is our new IPD

block with all the basic infra structural facilities, which was inaugurated on 1<sup>st</sup> February 2010.

Dear friends, this is a special year for you and us and for the *"Alma Mater"*. As we celebrate the Silver Jubilee Year we feel incomplete without you. Milan is a grand alumni extravaganza to be held on the 24<sup>th</sup> & 25<sup>th</sup> April 2010 to rekindle the nostalgic moments of the 20 batches of Mullerian's.

Please make yourself available with your family to have a get together as the *"Mullerian family"* for the special Silver Jubilee year.

Continuing our search for superior knowledge, in this issue we take up another topic of clinical interest - *"Fahr's disease"* This is a neurological condition where there is no scope in modern system of medicine and its our responsibility to see what Homoeopathy can do.

I hope this issue of *"Mullerian"* will be a delightful odyssey for our readers. I wish you all a happy reading.

Dr Guruprasad MN

## FAHR'S DISEASE OR BILATERAL STRIATO PALLIDO DENTATE CALCINOSIS (BSPDC)

Idiopathic Basal Ganglia Calcification, also known as Fahr's disease or Fahr's Syndrome is a rare, genetically dominant, inherited neurological disorder characterized by abnormal deposits of calcium in areas of the brain that control movements, including the basal ganglia and the cerebral cortex. It is a rare degenerative neurological disorder characterized by calcifications and cell loss within the basal ganglia. The disease was first noted by the German neurologist Karl Theodor Fahr in 1930. A less common name for the condition is Chavany-Brunhes syndrome and Fritsche's syndrome, the former named after Jacques

Brunhes, Jean Alfred mile Chavany, while the latter named after R. Fritsche.

Symptoms of this disorder may include deterioration of motor function, dementia, seizures, headache, *dysarthria* (poorly articulated speech), *spasticity* (stiffness of the limbs) spastic paralysis, eye impairments, and *athetosis* (involuntary, writhing movements). Fahr's Syndrome can also include symptoms characteristic of Parkinson's disease such as *Era* March

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## PHOTO ALBUM



“Prerana” intercollegiate cultural competition



Prize winners during the competition



“Kausthuba 2010” overall championship



Dance programme by I BHMS students



Inauguration of IPD Block was done by Sri U.T. Khader, MLA of Mangalore, IPD was blessed by Rev. Fr Patrick Rodrigues Director Father Muller Charitable Institutions



Inauguration of ROTP / OBG Module - Dr Suchitha Pawaskar was the chief guest. 21 delegates from various colleges attended the programme, Dr S. Ramananda Shetty, Vice Chancellor, RGUHS Bangalore, was the chief guest for valedictory function



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tremors, muscle rigidity, a mask-like facial appearance, shuffling gait, and a "pill-rolling" motion of the fingers. These symptoms generally occur later in the development of the disease. More common symptoms include dystonia (disordered muscle tone) and chorea (involuntary, rapid, jerky movements). Age of onset is typically in the 40s or 50s, although it can occur at any time in childhood or adolescence.

There is no cure for Fahr's Syndrome, nor is there a standard course of treatment. Treatment addresses symptoms on an individual basis. Case reports have suggested that haloperidol or lithium carbonate may help with psychotic symptoms.

The prognosis for any individual with Fahr's Syndrome is variable and hard to predict. There is no

reliable correlation between age, extent of calcium deposits in the brain, and neurological deficit. Since the appearance of calcification is age-dependent, a CT scan could be negative in a gene carrier who is younger than the age of 55. **Radiological diagnosis could be the starting point to guide** the clinician for the possibility of Fahr's disease.

The differential diagnosis includes - Parkinson's disease, Huntington's disease, Progressive supranuclear palsy, Wilson's disease, Spasmodic torticollis, Oligodendroglioma, Low-grade Astrocytoma, Arteriovenous malformation. Therefore Fahr's Disease or BSPDC is a diagnosis of exclusion. Progressive neurological deterioration generally results in disability and death.

## CASE

**Preliminary Data:** Name: Mr L, 39 years, Male, Christian, Studied upto 9<sup>th</sup> std, Married, Agriculturist  
Date of case taking: 11-8-09. PP : Dr G.P/Dr D.R.

### Chief complaint:

<b>Extremities</b>	<b>Trembling<sup>3</sup></b>
Since 2 yrs	Weak feeling <sup>3</sup>
Fingers -	Unable to work in the field,
Rt Hand>Lt Hand	Stiffness/ Spasticity <sup>3</sup> ,
	Involuntary movements

He finds difficulty in walking - Sensation of falling to front, as if some one pushing from behind.

He finds difficulty in catching, holding, buttoning, combing, and writing<sup>3+</sup> in hand.

Slurred speech < during motion/work

All his complaints become < When concentrating, <Anger during

He is frustrated because of his illness.

**Medical history:** On Allopathic medication since 2 years but not better.

### Surgical history: Nil

**Family history -** Mother - died at the age of 62 yrs with leukaemia.

Father - 69 yrs, bronchial asthma and HTN

Elder brother - bronchial asthma

**Physical generals:** Appearance: Lean, Appetite: Decreased, Thirst: 2 lit/day

Stool: 1/day, Urine: 4-5/ day, Sleep: Refreshing, Dreams: Nil, Perspiration: Normal

Cravings: Cold drinks (cold tea<sup>3+</sup>), Fish<sup>3+</sup>, Chicken<sup>2</sup>.  
Aversion: Fried items

**Thermal relation: Chilly**

**Life Space investigation:**

The patient hails from a middle class family. He has two elder brothers and one younger sister. He was not interested in studies but by force he used to go to school and after coming back helps his mother in the house hold work and he was more attached to his mother. He failed in 9<sup>th</sup> std exams after that he discontinued. He is having many friends, with them he maintains a good relation.

After failing in exams he started working in the field along with his father. He was not listening to father so they sent him to Bombay to his brother's house. 15 years he worked in Bombay as a driver. There he fell in love and got married at the age of 25 without any problems from parents. He is having good relation with his wife and with his 2 children.

He is basically a short tempered person, easily gets angry and controls himself afterwards. He likes to be in company of friends and family members. He shares his troubles with his wife and friends. He used to help friends when they were in trouble. He is worried about his future and frustrated about his disease..

**Physical Examination -** Afebrile during the time of examination, Pulse: 81/ min. RR: 16/ min.

B.P.: 122/90 mm Hg, Wt: 47 kg.



He was in stiff position, bends forward while walking and very conscious about self.

**Systemic examination:**

RS, CVS & Abdomen - Clinically normal on examination

CNS: Higher Mental function - Normal except Speech: Slurred and stammering

Motor function - Normal except wasting of thenar & hypotenar muscles

Sensory function - Normal

Reflexes - Normal, Romberg's sign negative, Planter reflex-Babinski's Negative

Tremors: Continuous, flapping in nature.

CT Brain :( 8-03-2008) Dense calcification involving bilateral cerebellar

Parenchyma, thalamic, basal ganglia and corona radiata regions.

Final impression - **Early cerebral atrophy changes**

**11/8/09:**

1. Phosphorus 0/1 15 pkt
2. No ii pills 3- 3- 0

**Follow up criteria:**

1. Weakness, 2. Speech/Dysarthria, 3. Trembling
4. Sensation as if being pushed, 5. Daily Routine
6. Spasticity, 7. Gesture while walking

**28/8/09**

1	2	3	4	5	6	7
>	S	S	>	N	S	S

1. Phosphorus 0/1 30 pkt
2. No ii pills & 5 grain tab

Generals good, has to exert while speaking BP: 122/92 mm/Hg

**6/10/09**

1	2	3	4	5	6	7
>	>	>	>50%	N	>	S

1. Phosphorus 0/1 30 pkt
2. No ii pills & 5 grain tab

Speech is improved and its clear as compare to earlier, routine is ok, since 1 month gastric irritation, pain in right thigh.

BP: 120/90 mm Hg

**15/12/09:**

1	2	3	4	5	6	7
>++	>	>+	0	N	>	S

1. Phosphorus 0/2 30 pkt
2. No ii pills & 5 grain tab

Now weakness is much better, he is able to work in field independently, stammering stopped,

**26/1/10**

1	2	3	4	5	6	7
>++	>++	>+	0	N	>	>

1. Phosphorus 0/2 30 pk
2. No ii pills & 5 grain tab

He feels generally better, no weakness, able to perform daily routine work, speech is normal now, walking pattern has improved.

**Conclusion:** After taking Phosphorus there is general improvement at various levels. His speech has improved, his weakness disappeared, and he is able to do his daily routine without any one's help, his gait has improved and he is still continuing treatment.



## CAMPUS NEWS

**17/1/10: A health camp** was organised by C.O.D.P Mangalore & Father Muller Homoeopathic Medical College Deralakatte at Kempu Gudde Bantwal. Around 50 patients were benefited from the camp

**27/1/10:** Medical camp at Barekkad, Bantwal taluk was organised by C.O.D.P Mangalore & Father Muller Homoeopathic Medical College Deralakatte. PG students gave health awareness talk on HIV & Women's health.

**28/1/10: PRERANA:** As a part of Silver Jubilee year programme FMHMC organised an intercollegiate cultural competition from 28th Jan to 30th Jan 2010 in the college campus. Rev. Fr Clement Mascarenhas, Principal, St Sebastian PU College, Thokkottu, was the chief guest. It was a successful and healthy interaction between the budding artists from over 15 colleges in and around Mangalore.

FMHMC was declared *overall champions* at the first national level students competitions at a platform called "*Kausthuba 2010*" conducted by St Aloysius College, Mangalore where they won the first place for "*Best documentary movie on mentally challenged people*", "*Photo Journalism*" & "*Public Service advertisement*".

**1/2/10: "IPD inauguration"** Establishing an IPD at Deralakatte was a dream come true and the inauguration of the same was done by Sri U.T. Khader, MLA of Mangalore. It was blessed by Rev. Fr Patrick Rodrigues, Director of Father Muller Charitable Institutions.

**9/2/10: A health awareness programme & medical camp** was held at the Govt Higher Primary School Talapady, organised by C.O.D.P Mangalore & Father Muller Homoeopathic Medical College Deralakatte. Dr Ranjan Britto gave a talk on health awareness, nutrition, and prevention of common diseases. Around 252 persons were examined and free medicines were given to them.

**10/2/10: Thanks-giving Programme (2004 - 2005 batch)** As a token of love & gratitude, the outgoing interns organised a thanks-giving programme for the teachers & the management.

**14/2/10: Health awareness programme & medical check up camp** was held at Loretto Church Bantwal. Dr Jolly D'mello addressed the gathering and highlighted the importance of hygiene & sanitation in the maintenance of good health. Around 42 persons availed the benefits from this camp.

**22/2/10: R.O.T.P/OBG Module** (22<sup>nd</sup> Feb to 27<sup>th</sup> Feb 2010) This programme was sponsored by Dept of AYUSH, Govt of India, organised by

FMHMC. Around 21 delegates from all over the country participated in the programme.

Dr Suchitha Pawaskar, Homoeopathic consultant of Dr M.L. Dhawale Institute of Mumbai was the Chief Guest during the inaugural programme.

Valedictory function of ROT Programme was held on 27<sup>th</sup> Feb 2010. Dr S. Ramananda Shetty, Vice Chancellor, Rajiv Gandhi University of Health Sciences Karnataka, Bangalore was the chief guest.

**22/2/10:** A team of 8 members from the **Diocese of Osnabruck, Germany** visited Father Muller Homoeopathic Medical College & Hospital on Monday, the 22<sup>nd</sup> February 2010. On this occasion at an informal programme a short introduction of the Homoeopathic Medical College was given to the guests and an interactive session was held with all the faculty members of FMHMC.

**7/3/10: A general medical camp** was held at Arthipalla, Badiadka, organised by CODP. Dr Deepa Rebello addressed the gathering. Around 108 persons availed the benefits from this camp..

**A health awareness camp** was held by CODP at Vidyagiri. A team of 7 Doctors took part in the camp. Dr Sajjan spoke about Homoeopathy to the group.

**8/3/10 to 14/03/10 "Women's Health week"** On the occasion of International Women's Day, the Dept. of OBG FMHMC&H organised a "Women's Health Week" in OPD of FMHMC &H. Dr Gayathri Ramani a leading Gynaecologist of the city was the chief guest at the programme.

**10/3/10 - 12/3/10: CME on Mother & Child Health** sponsored by Dept. of AYUSH was organised by the Dept. of Paediatrics & OBG FMHMC. Dr Prema D'Cunha, Professor, Dept. of OBG, FMHMC was the chief guest. 25 delegates from all over India participated in this CME.

**11/3/10: Inauguration of internship programme** - A total of 52 interns joined the internship programme for the year 2010-11.

**12/3/10: His Excellency Alfredo Pires, Secretary of State for Natural Resources Democratic Republic of Timor Leste,** visited Father Muller Homoeopathic Medical College & Hospital. He was also the Chief Guest at the Valedictory Function of CME on Mother & Child Health and distributed certificates to the CME delegates.

**14/3/10:** On the occasion of the *International Women's day Celebration*, a Homoeopathic Camp was organized by the CODP on 14<sup>th</sup> March, at Modankap Church. Dr



Vilma D'souza delivered a lecture on the "Scope of Homoeopathy in Female Disorders."

#### ALUMNI NEWS:

##### *A report of the executive committee meeting of Alumni:*

On 17th January 2010 there was an executive committee meet of Alumni members at Father Muller's Campus Kankanady. The invitees were Rev. Fr Patrick Rodrigues, Director, FMCI, Rev. Fr Wilfred Prakash D'souza, Administrator, FMHMC, Principal Dr Srinath Rao, Vice Principal Dr Shivaprasad. The Alumni members present were Dr Vinod Kumar President of Alumni association. Dr Girish Navada Secretary, Dr Deena Treasurer. Dr Prashob, Dr Krishnananda, Dr Vinayan, Dr Sadath Sait, Dr Kannan, Dr Roshan Pinto, Dr Harilal, Dr Pallvi, Dr Praveen Raj & Dr N.C.Dhole.

Dr Vinod and other members desired to have an alumni get together just like Yadein at Ernakulam & Kodai meet which would be an opportunity for all alumni to come together.

Director, Rev. Fr Patrick Rodrigues was quite supportive of this idea and he suggested that the Homoeopathic Conference could be kept for one day followed by Alumni get-together ending with Graduation and grand finale programme. He invited all the Alumni to participate actively in the Silver Jubilee function.

The 2nd Alumni executive meeting was held on 14th March 2010 at Kannur Kerala. The invitee was Dr Srinath Rao Principal FMHMC. Members present were Dr Vinod Kumar President of Alumni association, Dr Girish Navada Secretary, Dr Prashob, Dr Vinayan, Dr Sadath Sait, Dr Kannan, Dr Santhosh, Dr Sureshlah, Dr Srivals G Menon, Dr Bobin Kumar and Dr Abhiram.

Various issues were discussed in the meeting like, contacting the alumni members batch wise, contacting the earlier staff members & inviting them, making a registration counter, giving gift to the college and opening a savings account in the bank.

#### STAFF IN NEWS:

**Dr Srinath Rao.** Has been appointed as the Dean of the Faculty of Homoeopathy at RGUHS Bangalore. He was also a resource person at ROTP sponsored by AYUSH. at Lucknow for the subject of Materia Medica.

**Dr Rita Chakraborty** have been appointed as the PG-BOS (Homoeo) members of RGUHS.

**Dr Shivaprasad K., and Dr Joseph Thomas** have been

appointed as the UG-BOS (Homoeo) members of RGUHS.

**Dr Vilma D'souza** Was a resource person at the Divisional Level AYUSH National Campaign under NRHM on Mother & child care. She presented a paper on "Antenatal & Postnatal Care in Homoeopathy" at Alva's Homoeopathic Medical College, Moodbidri on 23<sup>rd</sup> January 2010.

She was a resource person at Father Muller Homoeopathic Medical College for ROTP, sponsored by the Ayush, Govt. of India and presented a paper on "Scope of Homoeopathy in Fibroid & Ovarian disorders" on 26<sup>th</sup> Feb 2010.

**Dr Jacintha Monteiro:** Attended a faculty development programme conducted by St John's Medical College Bangalore & FMHC Mangalore on 11<sup>th</sup> to 13<sup>th</sup> Feb 2010 at FMHC.

**Dr Roshan Pinto:** Was a resource person for "Anatomy & Philosophy" ROTP held at RVS College of Homoeopathy Sulur, Coimbatore on 27<sup>th</sup> March 2010.

**Dr Madona Joseph:** Participated in the one day workshop on "Medico legal Issues" organised by the Dept of Hospital administration FMHC on 19<sup>th</sup> March 2010.

**Dr Prabhu Kiran:** Was a resource person at TOT Programme organised by Department of AYUSH & CCRH at Pondichery on 23<sup>rd</sup> March 2010. He was also a resource person for "Concept of Man in Health" ROTP held at RVS College of Homoeopathy Sulur, Coimbatore on 25<sup>th</sup> March 2010.

**Dr Pravas Kumar Pal:** Was a resource person in the subject of Homoeopathic Pharmacy a ROTP held at Bharatesh Homoeopathic Medical College, Belgaum on Feb 10<sup>th</sup> 2010.

**Dr Jyoshna:** Presented a paper on "Scope of Anti Miasmatic remedy in a mother to deliver a healthy baby" CME held in FMHMC Sponsored by AYUSH.

**Dr Praveen Raj P:** Published an article in "Anupama" monthly magazine "Constipation in Children", "Molluscum Contagiosum". He also wrote a poem in the biweekly magazine "Gadinadu"

Was a resource person for "Role of Anatomy in understanding Health" at ROTP held at RVS college of Homoeopathy Sulur, Coimbatore on 24<sup>th</sup> March 2010.

**Dr Guruprasad MN** published an article in "Homoeo



A team of 8 members from Diocese of Osnabruck, Germany visited the college



Inauguration of CME programme on "Mother and Child Health"



Visit of His Excellency Alfredo Pires, Secretary of State for Natural Resources Democratic Republic of Timor Leste



Dr Gayathri Ramani the chief guest for Womens health week



General medical camp at "Arthipalla"



Health camp at Modankapu Church



Participants of Decafest competition



Inauguration of Internship programme 2010-2011

Vol I "Belladonna", also wrote article in "Deeksha" Magazine of St Aloysius College, Institute of Social Work Mangalore.

**Dr Prasanna Kumar:** Was a resource person at HIRA Women's College Mangalore for "Community Responsibility of Women" organised by Mangalore University on 3<sup>rd</sup> March 2010. He wrote an article in "Uttara Desham" a Kannada daily of Kasaragod district, Kerala on Homoeopathy in different diseases. He was selected as an associate editor of "Muller Journal of Medicine & Research" published by FMCI.

**Dr Anita Fernandes:** Presented a paper on "Role of Homoeopathy in Infertility, Ante natal, Intra natal & Post natal care" in the CME programme on Mother & child sponsored by AYUSH.

**Dr Ramjyothis:** Attended teachers training programme at New Delhi organised by CCRH on Feb 26<sup>th</sup> & 27<sup>th</sup> 2010.

**Dr Jolly D'Mello:** Participated in the CME on Mother & Child health programme organised by FMHMC Sponsored by AYUSH Govt of India

#### NSS NEWS:

**Ms G. Sherlin Sheeba,** NSS Volunteer from Father Muller Homoeopathic Medical College represented Rajiv Gandhi University of Health Sciences, Karnataka in the **Republic**

**Day Parade** held at New Delhi on the 26<sup>th</sup> of January 2010.



### ALUMNI GET TOGETHER "MILAN"

*Milan* is a grand alumni extravaganza to be held on the 24<sup>th</sup> and 25<sup>th</sup> April 2010 to rekindle the nostalgic moments of the 20 batches of Mullerian's. If you were a part of Nostalgia at Father Muller's or YAADEIN at Ernakulam, and Kodaikanal meet then..... **Don't miss this opportunity to come together once again** because it's going to be the **QUEEN of all CELEBRATIONS**. If you had not attended any of the above, here we are eager to embrace and pour the love of ALUMNI FEELING.

Do not forget 24<sup>th</sup> and 25<sup>th</sup> April, it's not just an invitation to you, but a loving reminder to **come together**, to meet one another along with **your family**.

#### For details contact:

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### ANNUAL HOMOEOPATHIC CONFERENCE 2010

"**Health for all through Homoeopathy**" will be organised by Father Muller Homoeopathic Medical College at Deralakatte on 24-04-2010 (SATURDAY)

**Topics:** (1) Success stories of infertility: by: Dr B.T. Rudresh. (2) Homoeopathy in emergency management. By: Dr Farokh J Master. (3) Cancer and homoeopathic treatment: Dr Farokh J Master

For details contact: **Dr Girish Navada U.K., Organising Secretary, Homoeopathic Conference 2010**  
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To

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